

“Come, Listen to Christ” Retreats

*A day away to ... listen ...
be with Christ ... be with others ...*

Christ said:

*“Come to me, all you who are weary and burdened,
and I will give you rest. Take my yoke upon you and
learn from me, for I am gentle and humble in heart,
and you will find rest for your souls.”*

[Matthew 11:28-29]

What are these retreats all about?

A chance to go away for a day and listen to Christ
A chance to learn, practice, and experiment with
“tools of listening,” such as silence, journaling,
confession, and meditation
A chance to stop and reflect on life

Dates and themes of the retreats:

February 9 (9 a.m. to 3 p.m.) —“Silence and Prayer”
April 5 (9 a.m. to 3 p.m.) —“Journaling and Prayer”

Where are these located?

Paul and Janette Stoltzfus’s home
19475 NE Herring Ln., Newberg
(out Hwy 240, left on Red Hills, right on Herring Ln.
and go to the end of the lane)

How do I sign up?

Contact the NFC office (503-538-8381)
by the Wednesday prior to the retreat
or e-mail steve@newbergfriends.org.
Cost: \$5/includes lunch and resources

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